Texas Tech University sarah.victor@ttu.edu

Department of Psychological Sciences Phone: (806) 834-0340

**Appointments**

09/2019 – Present **Assistant Professor, Department of Psychological Sciences**

Texas Tech University, Lubbock, TX

05/2019 – Present **Licensed Clinical Psychologist**

State of Pennsylvania (PS018786)

National Register Health Service Psychologist (56639)

**Education and Training**

2017 – 2019 **Postdoctoral Scholar, University of Pittsburgh Psychiatry Department**

Clinical Research Training for Psychologists T32 (MH018269)

2016 – 2017 **Predoctoral Internship,** **Western Psychiatric Institute and Clinic**

**University of Pittsburgh Medical Center, Pittsburgh, PA**

2012 – 2017 **PhD, Clinical Psychology, University of British Columbia - Vancouver**

2010 – 2012 **MA, Psychology, University of British Columbia - Vancouver**

2004 – 2008 **BA, Psychology, Stanford University**

**Research Funding (Awarded)**

R01 MH115922 **Multimodal Assessment of Near-term Risk Processes for**

2019-2023 **Suicidal Ideation and Behavior**

PI: Dr. Lori N. Scott Cumulative Funding (NIMH): $752,187

Role: Consultant

R01 MH110477 04S2 **Approach Motivation, Threat Sensitivity, and Cognitive**

2019-2020  **Control in the Translation from Suicide Ideation to Action**

PIs: Dr. Sheri Johnson, Cumulative Funding (NIMH): $212,577

Dr. Charles Carver Role: Consultant

P50 MH115838 **Feasibility and Utility of Passive Mobile Technologies for**

2019-2020 **Monitoring Symptoms and Treatment Progress in Depressed**

PI: Dr. Lori N. Scott  **and/or Suicidal Youth**

Cumulative Funding (ETUDES Center Pilot Program): $24,935

Role: Consultant

**Awards and Honors**

2018 **$300 USD**

**National Psychologist Trainee Register Credentialing Scholarship**,

National Register of Health Service Psychologists.

2014 – 2015 **$2,000 USD**

**Military Suicide Research Consortium Dissertation Award**, United

States Department of Defense.

2013 – 2016 **$150,000 CAD** ($50,000/year over 3 years)

**Vanier Canada Graduate Scholarship**, Canadian Institutes of Health

Research.

2012 – 2016  **$72,000 CAD** ($18,000 per year over 4 years, deferred)

**Four-Year Fellowship,** University of British Columbia.

2012 – 2014  **$60,000 CAD** ($30,000 per year over 2 years)

**Killam Doctoral Fellowship,** Killam Trusts.

2011 – 2012 **$17,500 CAD**

**Faculty of Arts Graduate Award**, University of British Columbia.

2010 – 2011 **$16,000 CAD**

**Faculty of Arts Graduate Award**, University of British Columbia.

**Peer-Reviewed Publications** \* indicates mentored trainee author.

Kaufman, E.A., **Victor, S.E.**, Hipwell, A.E., & Stepp, S.D. (*accepted for publication*).

Reciprocal influences of parent-adolescent borderline personality symptoms over three

years. *Journal of*  *Personality Disorders.*

Scott, L.N., **Victor, S.E.,** Kaufman, E.A., Beeney, J.E., Byrd, A.L., Vine, V., Pilkonis, P.A., &

Stepp, S.D. (2020). Affective dynamics across internalizing and externalizing dimensions of psychopathology. *Clinical Psychological Science.*

Vine, V., **Victor, S.E.,** Mohr, H., Byrd, A.L., & Stepp, S.D. (2020).Adolescent suicide

risk and experiences of dissociation in daily life. *Psychiatry Research, 287,* 112870.

Klonsky, E.D., **Victor, S.E.,** Hibbert, A.S., & Hajcak, G. (2019). The Multidimensional Emotion Questionnaire (MEQ): Rationale and Initial Psychometric Properties. *Journal of Psychopathology and Behavioral Assessment, 41*(3), 409-424.

**Victor, S.E.,** Hipwell, A.E., Stepp, S.D.,& Scott, L.N. (2019). Parent and peer relationships as longitudinal predictors of adolescent non-suicidal self-injury onset. *Child and Adolescent Psychiatry and Mental Health, 13*(1), 1-13.

**Victor, S.E.,** Scott, L.N., Stepp, S.D., & Goldstein, T.R. (2019). I want you to want me:

Interpersonal stress and affective experiences as within-person predictors of self-injurious

thoughts and urges in daily life. *Suicide & Life-Threatening Behavior, 49*(4), 1157-77.

May, A.M., & **Victor, S.E.** (2018*).* From ideation to action: Recent advances in understanding suicide capability. *Current Opinion in Psychology, 22*, 1-6*.*

**Victor, S.E.**, & Klonsky, E. D. (2018). Understanding the social context of adolescent non-suicidal self-injury. *Journal of Clinical Psychology, 74*(12)*,* 2107-16.

**Victor, S.E.**, Muehlenkamp, J. J., Hayes, N. A., Lengel, G. J., Styer, D. M., & Washburn, J. J. (2018). Characterizing gender differences in nonsuicidal self-injury: Evidence from a large clinical sample of adolescents and adults. *Comprehensive Psychiatry, 82,* 53-60.

**Victor, S.E.**, Davis, T., & Klonsky, E. D. (2017).Descriptive characteristics and initial psychometric properties of the Non-Suicidal Self-Injury Disorder Scale. *Archives of Suicide Research, 21*(2), 265-78.

\*Chu, C., **Victor, S.E.**, & Klonsky, E. D. (2016). Characterizing positive and negative emotional experiences in young adults with Borderline Personality Disorder symptoms. *Journal of Clinical Psychology, 72*(9), 956-965*.*

**Victor, S.E.**, & Klonsky, E. D. (2016). Validation of a brief version of the Difficulties in Emotion Regulation Scale (DERS-18) in five samples. *Journal of Psychopathology and Behavioral Assessment, 38*(4)*,* 582-589.

**Victor, S.E.**, Styer, D., & Washburn, J. J. (2016).Functions of nonsuicidal self-injury (NSSI): Cross-sectional associations with NSSI duration and longitudinal changes over time and following treatment. *Psychiatry Research, 241,* 83-90.

**Victor, S.E.**, Styer, D., & Washburn, J.J. (2015). Characteristics of non-suicidal self-injury associated with suicidal ideation: Evidence from a clinical sample of youth. *Child and Adolescent Psychiatry and Mental Health*, *9,* 20.

Klonsky, E.D., **Victor, S.E.**, & Saffer, B.Y. (2014). Nonsuicidal self-injury: What we know, and what we need to know. *The Canadian Journal of Psychiatry, 59*(11), 565-568.

**Victor, S.E.,** & Klonsky, E.D. (2014). Correlates of suicide attempts among self-injurers: A meta-analysis. *Clinical Psychology Review, 34*(4)*,*282-297.

**Victor, S.E.**, & Klonsky, E. D. (2014). Daily emotion in non-suicidal self-injury. *Journal of Clinical Psychology, 70*(4)*,* 364-375.

**Victor, S.E.,** Glenn, C.R., & Klonsky, E.D. (2012). Is non-suicidal self-injury an “addiction”? A comparison of craving in substance use and non-suicidal self-injury. *Psychiatry Research, 197*(1-2), 73-77.

**Victor, S.E.,** Johnson, S.L, & Gotlib, I.H. (2011). Quality of life and impulsivity in bipolar disorder. *Bipolar Disorders, 13*(3), 303-309*.*

**Invited Contributions**

**Victor, S.E.,** & Yiu, A. (2019*).* Nonsuicidal self-injury: Beyond the basics. In Washburn, J. J.

(Ed.), *Nonsuicidal Self-Injury: Advances in Research and Practice.* New York: Taylor &

Francis.

**Victor, S.E.** (2017). You can’t know if you don’t ask: How to assess nonsuicidal self-injury. *Visions: BC's Mental Health and Addictions Journal, 13*(2). *Visions is published by the BC Division of the Canadian Mental Health Association for a diverse readership of individuals with lived experience of mental health or substance use problems, service providers, loved ones, advocates, and policymakers.*

**Victor, S.E.,** & Klonsky, E.D. (2015). Self-injury. In R.L. Cautin & S.O. Lilienfeld (Eds.), *The Encyclopedia of Clinical Psychology.* Hoboken, NJ: Wiley-Blackwell.

**Oral Presentations and Chaired Symposia** \* indicates mentored trainee author.

Klonsky, E.D. (panelist), Muehlenkamp, J.J. (panelist), Stage, D. (panelist), Stohlmann-Rainey, J. (panelist), **Victor, S.E.** (moderator) (2020)*.* Bridging the Lived Experience and Research Worlds: A Panel Discussion. Panel presentation at the 53rd annual meeting (virtual) of the American Association of Suicidology (AAS).

**Victor, S.E.** (2020). Addressing equity, diversity, and inclusion in suicide prevention as an early

career suicidologist. Invited oral presentation at the 53rd annual meeting of AAS.

**Victor, S.E.,** Ingram, P.B., Mitchell, S.M., Morris, N.M., & Golden, B.L. (2020). Stigma of suicide attempt (STOSA) scale: Validation and examination in relation to lived experience of suicide and suicide-related disclosures in a diverse sample of young adults. Paper presentation at the 53rd annual meeting of AAS.

Ammerman, B., Brausch, A., Muehlenkamp, J.J., & **Victor, S.E.** (2019). Clarifying the NSSI-suicide connection. Panel presentation at the 52nd annual meeting of AAS, Denver, CO.

Baer, M. (panelist), Lear, M. (panelist), Rabasco, A. (panelist), Spitzen, T. (panelist), **Victor, S.E.** (moderator) (2019). Repeated measures designs in risk for self-injurious thoughts and behaviors. Panel presentation at the 52nd annual meeting of AAS, Denver, CO.

**Victor, S.E.,** & Scott, L. N. (2019). Disentangling affective dynamics in daily life: Their role in understanding past, concurrent, and future suicidal thoughts and behaviors. Paper presentation at the 4th biannual meeting of the International Summit on Suicide Research (IASR/AFSP), Miami Beach, FL.

**Victor, S.E.,** & Scott, L.N. (2019). More than just the means: Daily life emotional variability and stability in relation to past, concurrent, and future NSSI urges and behaviors. Paper presentation at the 14th annual meeting of ISSS, Orlando, FL.

**Victor, S.E.,** & Scott, L.N. (2019). Personality disorder symptoms and within-person dynamics of self-injury and suicide. Paper presentation (symposium chair) at the 7th annual meeting of the North American Society for the Study of Personality Disorders (NASSPD), Pittsburgh, PA.

**Victor, S.E.** (moderator), Goldstein, T.R., May, A.M., Muehlenkamp, J.J., Turner, B.J. (2018). Bridging the gap: Lessons learned in connecting suicide research and clinical practice. Panel presentation at the 51st annual meeting of AAS, Washington, D.C.

**Victor, S.E.,** & Scott, L.N. (2018). Smoke, drink, self-injure? A within- person analysis of NSSI, cannabis, and alcohol use in daily life*.* Paper presentation at the 13th annual meeting of ISSS, Brussels, Belgium.

**Victor, S.E.,** & Scott, L.N. (2018). What’s so special about self-harm? Identifying shared and unique within-person predictors of suicidal ideation, NSSI urges, and substance use. Paper presentation (symposium chair) at the 51st annual meeting of ABCT, Washington, DC.

**Victor, S.E.,** & Stepp, S.D. (2018). Intergenerational Transmission of Risk: Understanding Borderline Personality Disorder Symptoms and Suicidality in Parents and Children. Paper presentation at the 51st annual meeting of AAS, Washington, D.C.

**Victor, S.E.** (moderator), Bentley, K. (moderator), panelists: Nock, M.K., Prinstein, M., Rosenthal, M.Z., Lavender, J., & Baucom, B.R. (2017). If I knew then what I know now: Best practices in ambulatory assessment of high-risk populations. Panel presentation at the 50th annual meeting of ABCT, San Diego, CA.

**Victor, S.E.**, Scott, L.N., & Stepp, S.D. (2017). Socioeconomic status and SITB: Exploring an understudied relationship. Paper presentation at the 12th annual meeting of ISSS, Philadelphia, PA.

**Victor, S.E.**, & Klonsky, E.D. (2015). Situation, Attention, Appraisal, Response: A laboratory investigation of emotional processing in non-suicidal self-injury using the modal model of emotion. Paper presentation (symposium chair) at the 48th annual meeting of ABCT, Chicago, IL.

**Victor, S.E.**, & Klonsky, E.D (2015)*.* Experience, cognition, and affect: Investigating self-injurious behaviors through the modal model of emotion. Invited paper presentation at the Military Suicide Research Consortium Pre-Conference Training Day at the 48th annual meeting of AAS, Atlanta, GA.

**Victor, S. E.**, Glenn, C. R., Feske, U., & Klonsky, E. D. (2014). Characteristics of non-suicidal self-injury and suicide attempts: Findings from six samples. Paper presentation at the 47th annual meeting of AAS, Los Angeles, CA.

**Victor, S.E.**, & Klonsky, E.D. (2013). Risk factors for suicide attempts among self-injurers. Paper presentation at the 8th annual meeting of ISSS, Vancouver, BC.

**Victor, S.E.**, & Klonsky, E.D. (2012). Who chooses self-injury: Beyond high negative emotionality. Paper presentation at the 46th annual meeting of ABCT, National Harbor, MD.

**Victor, S.E.**, Glenn, C.R., & Klonsky, E.D. (2011). Men who self-injure: An understudied population. Paper presentation at the 45th annual meeting of ABCT, Toronto, ON.

**Victor, S.E.**, & Klonsky, E.D. (2011). Predictors of suicidality among adolescents with non-suicidal self-injury. Paper presentation at the 44th annual meeting of AAS, Portland, OR*.*

**Research Conference Poster Presentations** \* indicates mentored trainee author.

\*McClay, M. M., **Victor, S.E**., Brausch, A.M. (2020)*.* Fearlessness about Death: Measurement Invariance Across College Students with and without a History of Non-Suicidal Self-Injury. Poster presentation at the 53rd annual meeting of AAS, Virtual/Online.

\*Lloyd, J., \*Luskin, A., \*Cenkner, D., **Victor, S.E.,** & Stepp, S.D. (2018). The relationship between parent and child communication styles and disclosure of child’s suicidal thoughts and behaviors to parent. Poster presentation at the 18th annual Western Psychiatric Institute and Clinic Research Day, Pittsburgh, PA.

\*Mohr, H., **Victor, S.E.,** & Stepp, S.D. (2018). Emotion recognition in preschoolers of mothers with borderline personality disorder. Poster presentation at the 18th annual Western Psychiatric Institute and Clinic Research Day, Pittsburgh, PA.

**Victor, S.E.,** & Klonsky, E.D. (2017). Understanding the social context of non-suicidal self-injury in high school students. Poster presentation at the 12th annual meeting of ISSS, Philadelphia, PA.

**Victor, S.E.**, Stepp, S.D., & Scott, L.N. (2017). Predicting self-injurious thoughts and behaviors over time: The roles of shame, guilt, and interpersonal stress. Poster presentation at the 5th annual meeting of NASSPD, New York, NY.

**Victor, S.E.,** & Klonsky, E.D. (2016).Non-suicidal self-injury is uniquely associated with attributional style for negative, not positive, events. Poster presentation at the 28th annual meeting of the Association for Psychological Science, Chicago, IL.

**Victor, S.E.,** Muehlenkamp, J. J., Styer, D. M., & Washburn, J. J. (2016). Characterizing self-injury in men: Evidence from a large clinical sample of adolescents and adults. Poster presentation at the 49th annual meeting of ABCT, New York, NY.

\*Schluter, M., **Victor, S.E.,** & Klonsky, E.D. (2015). Methods of non-suicidal self-injury: Their functions and relationship to suicide. Poster presentation at the annual meeting of the International Academy of Suicide Research (IASR), New York City, NY.

**Victor, S.E.,** Davis, T., & Klonsky, E.D. (2015). Development and validation of the Non-Suicidal Self-Injury Disorder Scale (NSSIDS). Poster presentation at the 48th annual meeting of ABCT, Chicago, IL.

**Victor, S.E.,** & Klonsky, E.D. (2014). Attentional bias toward negative emotional information among self-injurers. Poster presentation at the 48th annual meeting of ABCT, Philadelphia, PA.

**Victor, S.E.**, & Klonsky, E.D. (2014). How do you get there from here? Exploring possible mechanisms of negative affectivity among self-injurers. Poster presentation at the 9th annual meeting of ISSS, Chicago, IL.

**Victor, S.E.**, & Klonsky, E.D. (2013). Risk factors for suicide attempts among self-injurers: A meta-analysis. Poster presentation at the 47th annual meeting of ABCT, Nashville, TN.

**Victor, S.E.**, Washburn, J.J., Styer, D., Juzwin, K.R., Aldridge, D., & Klonsky, E.D. (2013). Functions of non-suicidal self-injury over time. Poster presentation at the 8th annual meeting of ISSS, Vancouver, BC.

\*Chu, C., **Victor, S.E.,** & Klonsky, E.D. (2012). Borderline personality disorder: Disorder of general emotion intensity or negative emotion specifically? Poster presentation at the 7th annual meeting of ISSS, Chapel Hill, NC.

**Victor, S.E.,** & Klonsky, E.D. (2012). Daily affect in non-suicidal self-injury. Poster presentation at the 7th annual meeting of ISSS, Chapel Hill, NC.

**Victor, S.E.**, & Klonsky, E.D. (2012). Prospective predictors of non-suicidal self-injury. Poster presentation at the 46th annual meeting of ABCT, National Harbor, MD*.*

**Victor, S.E.**, Feske, U., & Klonsky, E.D. (2011). Which types of aggression are elevated among those who engage in NSSI? Poster presentation at the 6th annual meeting of ISSS, New York, NY.

**Victor, S.,** Joormann, J., & Gotlib, I.H. (2010). Predictors of onset of self-injury in adolescent girls: The importance of coping style. Poster presentation at the 44th annual meeting of ABCT, San Francisco, CA.

**Victor, S**., Glauser, J., Gotlib, I.H., & Joormann, J. (2009). Associative learning in generalized social phobia. Poster presentation at 23rd annual meeting of the Society for Research in Psychopathology, Minneapolis, MN.

**Victor, S**., Gotlib, I.H., & Johnson, S.L. (2009). The role of impulsivity in quality of life in bipolar disorder. Poster presentation at 43rd annual meeting of ABCT, New York, NY.

**Teaching Experience**

**Instructor of Record,** Texas Tech University

2020 Advanced Practicum in Clinical and Counseling Psychology (Psych 5002)

2019 Seminar in Psychopathology (Psych 5338)

**Teaching Fellow**, University of British Columbia

2014 Research Methods(Psyc 217)

**Teaching Assistant,** University of British Columbia

2012 Psychology of Gender(Psyc 320)

2011 Introduction to Developmental, Social, Personality & Clinical Psychology (Psyc 102)

2011 Introduction to Biological & Cognitive Psychology (Psyc 101)

**Clinical Supervision Experience** \*(supervisor of supervision in parenthetical)

2016 – Present **Diagnostic Assessment**, University of Pittsburgh (S. Stepp, PhD).

Providing training and supervision to new assessors with diagnostic

interviewing, crisis response plans, and child abuse reporting procedures.

2014 – 2015 **Crisis Response Training,** UBC-Vancouver (D. Klonsky, PhD).

Trained undergraduate students in risk assessment for research protocols

with suicidal or self-injuring participants.

2012 – 2013 **Compulsive Hoarding Diagnosis**, UBC-Vancouver (S. Woody, PhD).

Provided supervision to graduate students conducting structured

diagnostic assessments of clients with compulsive hoarding.

2008 – 2010  **Diagnostic Interviewing,** Stanford University (I. Gotlib, PhD).

Provided supervision to research assistants, as well as graduate students

and staff, on diagnostic interviewing (SCID-I).

**Leadership and Service Experience**

2017 – Present **Representative at Large** (elected)**,** International Society for the Study of

Self-Injury. Assist the Executive Board in expanding the organization’s efforts and leadership in clinical, research, and advocacy domains.

2015 – 2017 **Student Representative** (elected), International Society for the Study of

Self-Injury. Represented student interests to the Executive Board and led

programs of interest to students, including designing and implementing a

mentoring program for ISSS members.

2014 – 2017 **Campus Representative,** Society for a Science of Clinical Psychology.

Acted as liaison between SSCP and clinical psychology graduate students

at the University of British Columbia. Developed and coordinated a hotel

room sharing system for psychology internship applicants for two years.

2007 – 2010 **Rape Crisis Advocate & Peer Counselor**, YWCA Rape Crisis Center of

Silicon Valley. Assisted survivors of sexual assault via telephone support,

hospital accompaniment, and weekly individual counseling.

**Commitment to Diversity, Equity, and Inclusion**

2019 – Present **Member,** Institute for Inclusive Excellence, Texas Tech University.

2019 – Present **Member,** Women Faculty Writing Program, Texas Tech University.

2011 – 2015 **Mentor,** Aboriginal eMentoring BC. Received training on mentoring and

issues facing Aboriginal Canadians. Provided online mentoring to

Aboriginal youth in British Columbia interested in health-related careers.

2010 – 2016 **Positive Space Resource Person**, University of British Columbia Equity

Office. Received training in LGBTQTTI issues and relevant on- and off-

campus resources to share with members of the Psychology Department.

**Professional Affiliations**

American Association of Suicidology

Association for Behavioral & Cognitive Therapies

Association for Psychological Science

Canadian Association for Suicide Prevention

International Academy of Suicide Research

International Society for the Study of Self-Injury

North American Society for the Study of Personality Disorders

Society for a Science of Clinical Psychology

Society for Ambulatory Assessment

**Ad Hoc Peer Review Service**

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| **Manuscript Reviews for Academic Journals** |
| American Journal of Preventive Medicine  Anxiety, Stress & Coping  Archives of Suicide Research  Assessment  BMC Psychiatry  Canadian Journal of Psychiatry  Child and Adolescent Psychiatry and Mental Health  Clinical Child Psychology and Psychiatry  Clinical Psychological Science  Clinical Psychologist  Clinical Psychology Review  Cognitive Therapy and Research  Journal of Abnormal Child Psychology  Journal of Abnormal Psychology  Journal of Adolescence  Journal of Affective Disorders  Journal of Behavior Therapy and Experimental Psychiatry  Journal of Clinical and Social Psychology  Journal of Clinical Child and Adolescent Psychology  Journal of Clinical Psychology  Journal of Family Studies  Journal of Interpersonal Violence  Journal of Nervous and Mental Disease  Journal of Personality Disorders  Journal of Psychiatric Research  Journal of the American Academy of Child and Adolescent Psychiatry  New Zealand Journal of Psychology  Personality and Mental Health  Personality Disorders: Theory, Research, and Treatment  PLOS On  Psychiatria Danubina  Psychiatry Investigation  Psychiatry Research  Scandinavian Journal of Public Health  School Psychology Quarterly  Suicide & Life-Threatening Behavior |
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| **Presentation Reviews for Academic Conferences** |
| International Society for the Study of Self-Injury (2019, 2020) |
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| **Science Communication & Public Dissemination Activities** |
| Skype a Scientist Volunteer (2019)  Suicide Reporting Guest Speaker, News Writing (Journalism 2310), Texas Tech University (2019) |